

Introduction the Cochrane Library and Cochrane Systematic Reviews

Tabriz University of Medical
Sciences
Standard Workshop on
Systematic Reviews _ October
2012

Dr. Shayesteh Jahanfar,
University of British Columbia

What are we going to do?

At the end of the week participants should:

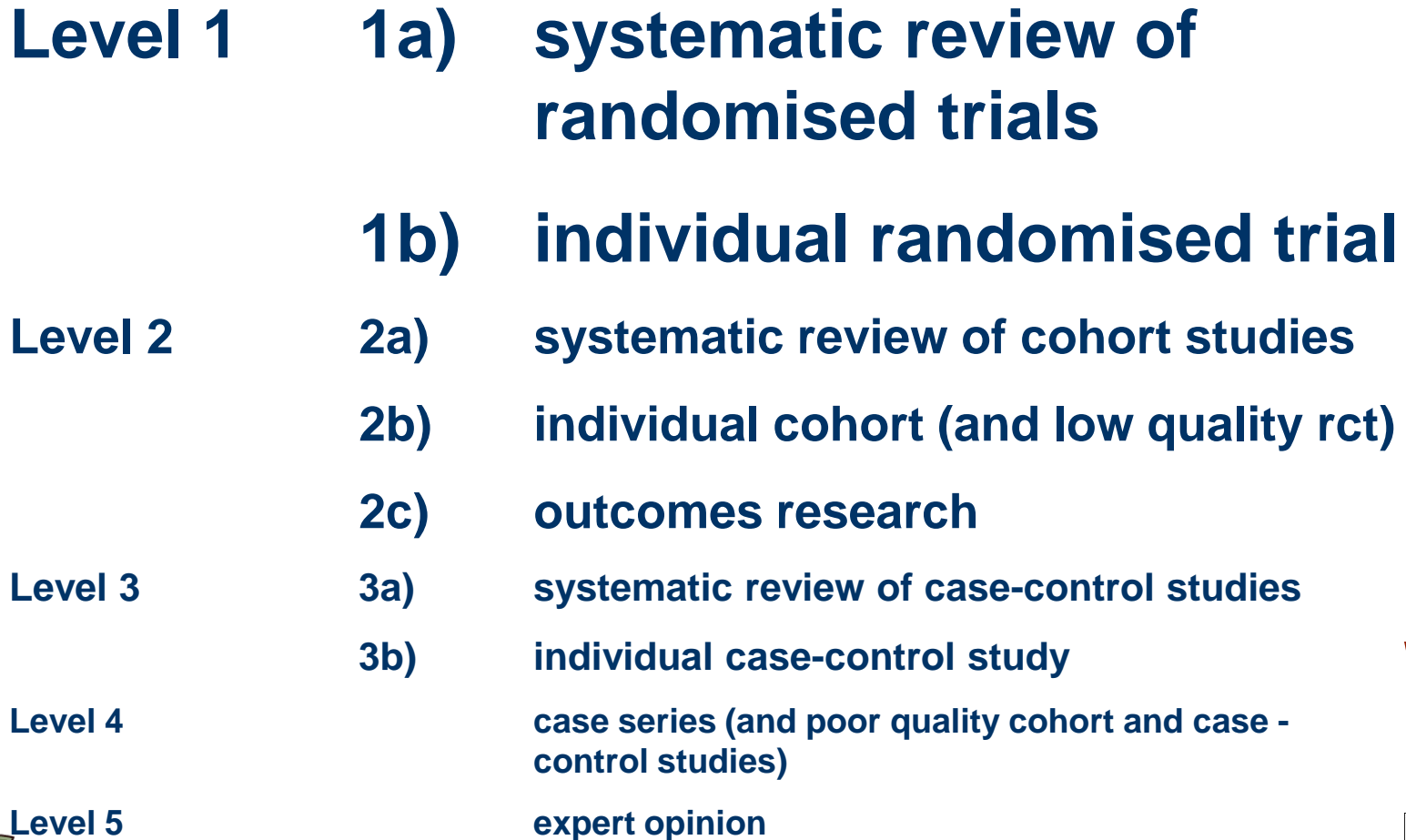
- Understand systematic reviews and Cochrane systematic reviews
- Have selected a potential title and drafted a title registration form ready for submission for a Cochrane systematic review
- Have basic skills in handling Cochrane Review Manager (RevMan) files



The Cochrane Library

Levels of Evidence

(therapeutic and preventive)



Level 1	1a)	systematic review of randomised trials
	1b)	individual randomised trial
Level 2	2a)	systematic review of cohort studies
	2b)	individual cohort (and low quality rct)
	2c)	outcomes research
Level 3	3a)	systematic review of case-control studies
	3b)	individual case-control study
Level 4		case series (and poor quality cohort and case - control studies)
Level 5		expert opinion

Summarizing the evidence: traditional vs systematic reviews

Traditional

- lack rigor
- methodology not transparent
- different reviewers reach different conclusions
- become out of date

Systematic

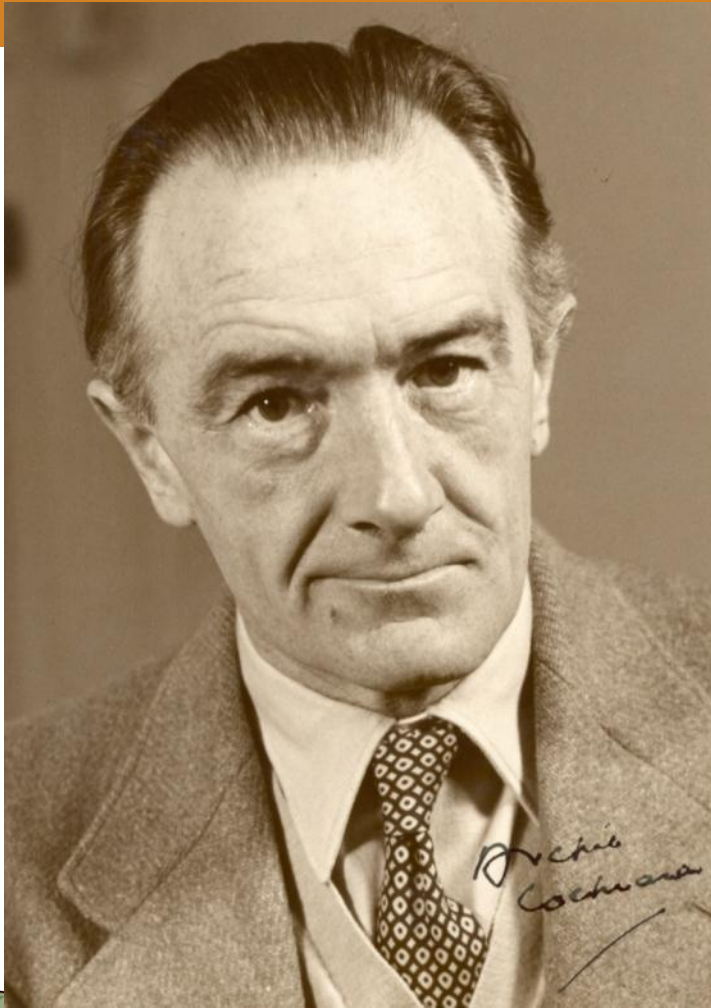
- scientific rigor to minimise bias
- explicit and reproducible methodology
- regularly updated (Cochrane)

Characteristics of systematic reviews

- clearly stated title and objectives
- comprehensive search for all studies
- limit bias by applying explicit criteria for the inclusion and exclusion of any study
- presentation of all relevant information in a manageable format
- clear analysis of results of eligible studies
- structured report of the review



Archie Cochrane's challenge



“It is surely a great criticism of our profession that we have not organised a critical summary, by specialty or subspecialty, adapted periodically, of all relevant randomised controlled trials.”

Cochrane 1979



Cochrane Collaboration: mission

- an international not-for-profit organisation which aims to help people make well-informed decisions about healthcare by preparing, maintaining and promoting the accessibility of systematic reviews of the effects of health care interventions

Sir Iain Chalmers



the cochrane library

CD-ROM version

the best single source of reliable
evidence about the effects of healthcare

“

The Cochrane Collaboration is an enterprise that rivals the Human Genome Project in its potential implications for modern medicine.“

- The Lancet

One full text Cochrane review is accessed somewhere in the world every second



Aims

- aiming to be:
 - collaborative, efficient
 - unbiased, reliable, up to date
 - relevant, accessible



Our structure

- more than 27,000 people in over 100 countries
 - almost all volunteers
- decentralised structure
 - 53 Cochrane Review Groups (CRGs)
 - specific areas of health care
 - first point of contact for authors
 - international and multidisciplinary
 - Secretariat and Cochrane Editorial Unit (UK)
 - supported by Methods Groups, Fields, Centres, Consumer Network
- largely funded by government grants



Cochrane Entities

- The Cochrane Collaboration
- Cochrane Editorial Unit: 1
- Cochrane Review Groups (CRGs): 53
- Fields: 11
- Methods Groups: 16
- Centres: 14 (some with specific Branches)
- Consumer Network: 1



An international organisation





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SPECIAL COLLECTIONS



World Tuberculosis Day
(24 March 2010)



Cochrane Evidence Aid:
resources for Chile and
Haiti earthquakes



Cochrane Influenza
Resources: evidence
from Cochrane reviews

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EDITORIAL



With the launch of this, the new homepage of The Cochrane Library, we reach a landmark in the programme of activities

aimed at improving the presentation of Cochrane Reviews to our audience. Our "web programme" aims to ensure that The Cochrane Library is a website built around the needs and preferences of its users...

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HIGHLIGHTED NEW AND UPDATED COCHRANE REVIEWS

 [Advance provision of emergency contraception for pregnancy prevention](#)

Cochrane Library - 6 Databases

1. *Cochrane Database of Systematic Reviews*
2. *Cochrane Central Register of Controlled Trials*
3. Cochrane Methodology Register
4. Database of Abstracts of Reviews of Effects
5. Health Technology Assessment Database
6. NHS Economic Evaluation Database
7. About The Cochrane Collaboration





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- [Antiretrovirals for reducing the risk of mother-to-child transmission of HIV infection](#)
Jimmy Volmink, Nandi Siegfried, Lize van der Merwe, Peter Brocklehurst
January 2009
Review
- [Efficacy and safety of cesarean delivery for prevention of mother-to-child transmission of HIV-1](#)
Jennifer S. Read, Marie-Louise Newell
January 2009
Review
- [Interventions for preventing late postnatal mother-to-child transmission of HIV](#)
Tara Horvath, Banyana C Madi, Irene M Iuppa, Gail E Kennedy, George W Rutherford, Jennifer S. Read
January 2010
Review



What's on the Cochrane Library? (Issue 5 2012)

Database	Year Of Earliest Record	Total published
Cochrane Database of Systematic Reviews*	2005	7272*
Database of Abstracts of Reviews of Effects	1994	17084
Cochrane Central Register of Controlled Trials	1898	674103
Cochrane Methodology Register	1951	15388
Health Technology Assessment Database	1989	11176
NHS Economic Evaluation Database	1968	11886
About The Cochrane Collaboration**	2004	80
<i>Editorials</i>	<i>2010</i>	<i>40</i>

*5074 published reviews and 2198 protocols



Cochrane Database, Impact Factor

2008	5.182
2009	5.653
2010	6.186
2011	

Currently ranked in the Top 10 of Journal Citation Reports



Cochrane in the News

Bloomberg

Related News: [Health Care](#)

Obesity Drug Risks Prompt New EU Drug Data Disclosure Rule

By Matt Hough - Nov 18, 2013 12:10 PM GMT+0100

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Europe's drug regulator will make thousands of pages of clinical trial reports public next week after pressure from drug-safety activists because of suicide risks linked to Sanofi-Aventis SA's failed diet pill Acemiplia.

The European Medicines Agency will from next week provide data on request for every drug it has reviewed, Sabine Haubermeier, an EMA spokeswoman, said Nov. 17. The agency aims to publish the reports on its website within five years, Executive Director Thomas Lorenzen said.

Bloomberg News reports on new EU drug data disclosure rule, which was spurred by requests for trial reports on obesity drugs from researchers at the Nordic Cochrane Centre.

1 of 139 >>

All news



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Impact of Pacifiers on Breastfeeding

by Sheila Philomena on March 18, 2011 at 12:41 PM

The World Health Organization recommends against giving pacifiers to breastfeeding infants in the hospital immediately following birth, and a number of studies have found a more general association between pacifier use and early termination of breastfeeding.

MedIndia reports on a recent Cochrane Review providing evidence that pacifiers have little effect on breastfeeding in motivated women.

« 2 of 166 »

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Posted March 14, 2012

Healing Environments

Hospital Rooms Could Help with Healing: Evidence from The Cochrane Library

Ottawa - Hospital environments including sounds, pictures, aromas, air quality, and layout could influence patient recovery according to new research conducted by Cochrane authors and released in The Cochrane Library.

The authors completed a Cochrane Review (the highest quality of systematic reviews and considered the gold standard by the health research community) to help people involved in hospital environment design make decisions that will benefit patients' health. Hospital environments have recently received renewed interest, with considerable investments into building and renovating healthcare estates. Understanding the effectiveness of environmental interventions is important for resource utilization and providing quality care.



Cochrane in the News

theguardian

Breast cancer screening cannot be justified, says researcher

Book argues harm outweighs small number of lives saved, and accuses mammography supporters of misconduct



The Guardian (UK) reports on a new book by Peter Gøtzsche, Director of the Nordic Cochrane Centre, discussing breast cancer screening.

« 20 of 215 »

All stories



Cochrane in the News



The ABC News *Healthy Living* website (USA) reports on the new Cochrane evidence on the use of neuraminidase inhibitors (oseltamivir - Tamiflu) in the prevention and treatment of the flu.

<< 19 of 215 >>

All stories 

Cochrane in the News



The Globe and Mail (Canada) reports on new Cochrane evidence on the use of neuraminidase inhibitors in the prevention and treatment of influenza

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No clear evidence Tamiflu works, study finds

CARLY WEEKS

From Thursday's Globe and Mail

Published Wednesday, Jan. 18, 2012 5:41PM EST

Last updated Wednesday, Jan. 18, 2012 5:47PM EST

3 comments



72



17



47



8



+1



2



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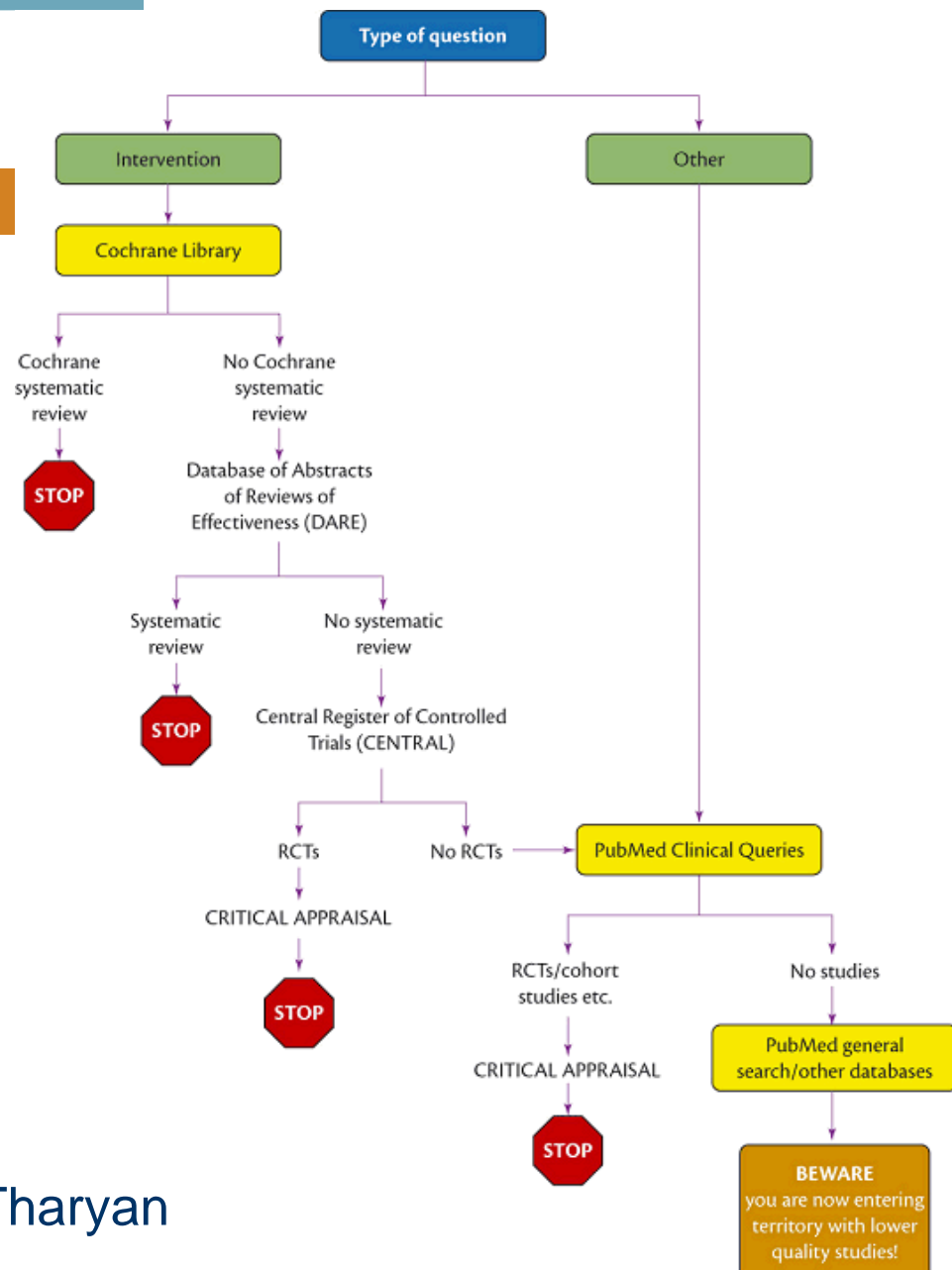


Concerns are emerging that governments around the world may have wasted billions of dollars and even put people at risk by stockpiling Tamiflu to treat influenza.

A landmark study published on Wednesday in the Cochrane Library, a collection of databases that publishes high-quality research that helps to inform health-care decisions, found no clear evidence that Tamiflu, the brand name of the drug oseltamivir, prevents the spread of influenza or flu complications and suggested that it could even interfere with the effectiveness of vaccines.



Finding Evidence



Steps of a Cochrane review

- STEP 1: Formulating the problem and register the title with Collaborative Review Group
- STEP 2: Write protocol, submit for peer review and publish on Cochrane Library
- STEP 3: Locating and selecting studies
- STEP 4: Critical appraisal of studies
- STEP 5: Collecting data
- STEP 6: Analysing and presenting results
- STEP 7: Interpreting results
- STEP 8: Improving and updating reviews



Format of a Cochrane review

- Cochrane reviews have a standard format
 - to help reviewers to be systematic when doing their review
 - to help people reading the reviews to find information quickly



Characteristics of Cochrane reviews

- look at the effects of healthcare interventions
- free of commercial funding
- published protocol
- rigorous and standardised methods
 - Cochrane Handbook for Systematic Reviews of Interventions
- consistent format
 - including a plain language summary and meta-analyses
- updated regularly
- a database of systematic reviews of accuracy of diagnostic and screening tests



Searchable Question

What is the effectiveness of hypnosis/hypnotherapy on smoking cessation?



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As a new user we recommend you use the following resources to help you navigate through the evidence and get the most out of The Cochrane Library.

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 - Hypnotherapy for smoking cessation**
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[Review] Hypnotherapy for smoking cessation

PDF (Size 175K)

- [Abstract](#)
- [Plain language summary](#)
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- [Criteria for considering studies for this review](#)
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- [Methods of the review](#)
- [Description of studies](#)
- [Methodological quality](#)

[Review] Hypnotherapy for smoking cessation

NC Abbot, LF Stead, AR White, J Barnes

Cochrane Database of Systematic Reviews 2007 Issue 1 (Status: *Commented*)
Copyright © 2007 The Cochrane Collaboration. Published by John Wiley & Sons, Ltd.
[DOI: 10.1002/14651858.CD001008](#) This version first published online: 27 April 1998 in Issue 2, 1998
Date of Most Recent Substantive Amendment: 18 February 1998

This record should be cited as: Abbot NC, Stead LF, White AR, Barnes J. Hypnotherapy for smoking cessation. *Cochrane Database of Systematic Reviews* 1998, Issue 2. Art. No.: CD001008. DOI: 10.1002/14651858.CD001008.

[Next](#) :

Abstract

Background

Hypnotherapy is widely promoted as a method for aiding smoking cessation. It is proposed to act on underlying impulses to weaken the desire to smoke or strengthen the will to stop.

Objectives



Demonstration of a Cochrane Review

<http://thecochranelibrary.com>

